Terza lezione

<https://www.youtube.com/watch?v=IHif8e5SDgY&list=PLXBxfkjVhvtuf1cXVvKNVtohuvScqmF4L&index=6&t=0s> 16,13 min.

<https://www.youtube.com/watch?v=hjzar7He0ss&list=PLXBxfkjVhvtuf1cXVvKNVtohuvScqmF4L&index=6> 7,08 min.